



RULES AND TECHNICAL CONFIGURATION OF THE ORIENTEERING COMPETITION **NOVEMBER 2009**

I. DATE & PLACE:

Date : 20th of November 2009
Place : "Hacienda Santa Martina"

II. CATEGORIES AND CONSTITUTION OF THE TEAMS:

CATEGORÍES FOR MALE COMPETITORS	TRACK
"A" Professional level	Track A : 5.5 km long
"B" Estándar level	Track B : 4.5 km long
"C" Amateur level	Track C : 3 km long

CATEGORÍES FOR FEMALE COMPETITORS	TRACK
"A" Professional level	Track A : 5.5 km long
"B" Estándar level	Track B : 4.5 km long
"C" Amateur level	Track C : 3 km long

III. GENERAL FEATURES OF THE COMPETITION:

1. Regulations of the International Orienteering Federation that are currently in force will be applied.
2. The orienteering event will consist of one (01) race.
3. In each of the 6 categories, the winner is determined by the time achieved during the race.
4. The competitors will start at the beginning of the race at different times, at regular 2-minute intervals.

IV. PRIZES:

1. Award recognition : To the 1st, 2nd and 3rd place, by category (A, B, C.).
2. Certificate : For all those registered in the competition.

REQUIREMENTS FOR PARTICIPANTS:

All persons registered as attendees in the cartographic conference organized by the Military Geographic Institute are entitled to participate.



V. DISQUALIFICATION:

Participating athletes will be disqualified if they:

1. Do not comply with the rules established for the competition at any moment of its performance.
2. Fail to finish the whole route of the race within the maximum time set and confirmed in the technical meeting previous to the competition.
3. Fail to sign or punch the control card in any of the control points.
4. Lose or fail to hand in the control card at the reception or checking desks.
5. Obtain or provide technical assistance at any moment during the race.
6. Every failure to comply with the regulations of the Orienteering Club of the ESEFE may be cause for disqualification.

VI. EQUIPMENT NECESSARY :

All the registered attendees should arrive at the start of the competition equipped with: compass, appropriate clothes and sun protection.

VII. PERFORMANCE:

General Program of the event :

- 19.NOV.009 : Preparatory Meeting
- 20.NOV.009 : Technical Meeting.
- 20.NOV.009 : Start of Race.
- 20.NOV.009 : Finish of Race.
- 21.NOV.009 : Prizes awarded.

VIII. ADMINISTRATIVE ISSUES:

- 1) Food and Drink : Fruit and appropriate liquids
- 2) Health : The School of Services and Physical Education will have, at the competition site, One medic, 2 male nurses and two ambulances.

NOTE: If the need for more substantial medical aid arises, the patient will be moved to the "Hospital Militar".